

INTERNATIONAL BODY PSYCHOTHERAPY JOURNAL

Published by the European & United States Associations for Body Psychotherapy & Somatic Psychology

The Art and Science of Somatic Praxis



- Promoting the global exchange of ideas, scholarship, and research in the field of body psychotherapy and somatic psychology
- Broadening the understanding of how the body remembers and reveals the story of our lives

In response to the worldwide growth of the field of body psychotherapy and somatic psychology, we support this expanding body of knowledge so that clinicians, students, researchers, patients, policymakers, and journalists can understand the vital importance of body psychotherapy and somatic psychology.

- Leading edge somatic developments and research
- Working neurobiologically with the body
- Embodied self-awareness and mindfulness
- Working with trauma in the body
- New approaches in addiction treatment
- Social justice, oppression, and the body
- Book and film reviews
- And much more...

NEW: IBPJ will highlight how the science and practice of body psychotherapy and somatic psychology can inspire and energize integrated body-mind approaches with two timely topics: **Social Justice in Somatics** in the Spring/Summer 2023 issue, and **Emotions and the Body** in the Fall/Winter 2023-2024 issue.

Connect with body psychotherapy and somatic psychology

Subscribe at: www.ibpj.org